

# ***CMS FORERUNNERS***

## ***SOUTHEASTERNS CHAPTER***

*"The mission of this organization is fraternal, to represent the interests of all retirees; to expand and strengthen fellowship among its members; and to provide leadership, information, programs and social activities."*



President:	C. J. Schwartz	419.270.373
Past President	Jerry Ridner	419.340.2968
Secretary/Treasurer:		
Marilyn McClain		734.848.6245
Newsletter editor:		
Linda Homolka		734.847.8846
		Cell 419-350-5428

The breakfast meeting was held on November 6, 2017. Members present were: C.J. Schwartz, Tony and Linda Homolka, Jerry Ridner, Ralph Luft, Ken Pearsall, Eddie Weaver, Bill Conner, Floyd Martin, Neil Wagner, Gherin Johnston, David Harvey, Jeff Zenz, Jim Abram, Tom Cooper, Jim Lammers, Jeannette Morris, Tom St. Bernard, Doug Petee, Dick and Lorissa Elinski, Ian Martin, Steve Marshall and Mike Costello.

The 50/50 raffle was won today by Tom St. Bernard.

C.J welcomed all attendees this morning. He reported that the treasury has \$158.00. A thank-you letter from Vonda Berlanger was read letting us know that the Forerunners appreciated the gift card we donated for the golf outing.

CJ noted that in August of 2017, 186 more people retired from CMS. We see the name Scott Dussia from LaSalle. I will try to contact him but if anyone knows his phone # or email, let me know.

Those who attended the J.R. Whiting "reunion" picnic at Carr Park on October 22<sup>nd</sup> report that they had a great time. Thanks to Dennis and Lisa Happy as well as Patty Thompson for putting this on. I am sure there many were others who helped as well.

Dick Elinski reported to the group that Jack Lalonde has been admitted to Vibrant Life Care Facility in Temperance. We signed a card to be sent to him and Dick says Jack will appreciate visitors. The address is 667 W. Sterns Road in Temperance.

Ed Weaver revealed plans for Veterans' Day:

On Friday, 11/10, there will be a flag-raising ceremony at St. Joseph School in Erie. A ceremony to honor vets will be held at Mason Schools at 1:00 p.m. The winner of an essay contest and the Teacher of the year will be awarded.

On Saturday, the 11<sup>th</sup>, there will be a parade to honor vets through the city of Luna Pier. A decorated flatbed trailer is available for veterans to ride in the parade. If you wish to participate, go to the Water Tower Shelter on N. Harold Drive by 10:30 a.m. The parade begins at noon and will end at Veterans Park at the end of Luna Pier Road, where a program will be led by Mayor Dave Davison, A Vietnam veteran. You can call Bernie Russell, parade chairman at 734-848-6064 for information.

Starting at 6:00 p.m., a dinner will be served at the Erie VFW that is open to the public. Tickets may be purchased at the door. There is no charge for veterans.

Jeff Zenz reported that the #3 silo has been taken down at the Whiting Plant but the water tower is still standing. I just received an email from Paul Gires, project manager. He says the stacks will come down in late spring/early summer. He will let us know when!

November 8<sup>th</sup> is the deadline for employees to make any changes to health care benefits. As a retiree, you don't have many choices but you should review your benefits by going to [www.NetBenefits.fidelity.com](http://www.NetBenefits.fidelity.com). Go to the health and insurance tab. Once there, be sure to check out your beneficiary names for your life insurance policy. Changes in your life situation may trigger a necessary change to your beneficiary. If you have a Trust established, the Trust can be the contingent beneficiary. I just looked at ours today and found that there was NO designation! Thanks for the reminder, C.J. The CMS Energy Benefit Service Center number is **1-800-260-4015**. See below for some important phone numbers for questions you may have.

## 1. Benefit Plans/Carriers

Carrier	Contact Information
<b>Medical Plans</b>	
<u>Aetna Traditional Choice.</u>	Customer Service: 1-800-654-7248 Vision Discount Program: 1-800-793-8616 Hearing Aid Discount Program: Hearing Care Solutions - 1-866-344-7756 Hear Pro - 1-888-432-7464 Mental Health: 1-800-654-7248 TTY: 1-800-628-3323 <a href="http://www.aetna.com">www.aetna.com</a>
<u>Blue Cross Blue Shield (BCBS) PPO.</u>	Customer Service: 1-877-752-1233 Mental Health: 1-877-752-1233 TTY: 1-877-977-8494 VSP Vision: 1-800-877-7195 Health Coach: 1-866-684-8173 <a href="http://www.bcbsm.com">www.bcbsm.com</a>
<u>Blue Care Network HMO-Medical</u>	Customer Service: 1-800-662-6667 Mental Health: 1-800-482-5982 VSP Vision: 1-800-877-7195 TTY: 1-800-257-9980 Health Coach: 1-517-325-4430 or 1-248-455-2709 <a href="http://www.bcbsm.com">www.bcbsm.com</a>
<u>Priority EPO - Medical.</u>	Customer Service: 1-800-446-5674 Mental Health: 1-800-673-8043 TTY: 1-888-551-6761 Express Scripts (mail order): 1-888-378-2589 Health Coach: 1-855-357-3112 <a href="http://www.priorityhealth.com/cmsenergy">www.priorityhealth.com/cmsenergy</a>

<u>Healthy Blue HSA-Medical With Health Savings Accounts.</u>	Customer Service (Medical Plan): 1-877-752-1233 Mental Health: 1-877-752-1233 TTY: 1-877-977-8494 Health Coach: 1-866-684-8173 Health Equity (HSA): 1-877-284-9840 www.bcbsm.com
<b>Dental Plans</b>	
<u>Aetna Dental.</u>	1-800-654-7248 www.aetna.com
<u>Delta Dental.</u>	Customer Service: 1-800-524-0149 www.deltadentalmi.com
<b>Life Insurance</b>	
<u>Aetna.</u>	Employee Term Life Insurance, Employee Term Supplemental Life Insurance, Dependent Term Life Insurance, Retiree Basic Life Insurance Customer Service: 1-800-523-5065 Fax: 1-800-238-6239 www.aetna.com
<u>CIGNA.</u>	24-Hour Accident Insurance 1-800-557-7975 TDD: 1-800-526-0844 www.cigna.com
<u>CIGNA.</u>	Long Term Disability / Death and Dismemberment 1-800-238-2125 (Death & Dismemberment) 1-800-362-4462 (Long Term Disability) http://tinyurl.com/CMSEnergy
<b>Other Benefit Plans</b>	
<u>EyeMed Vision.</u>	Customer Service: 1-866-723-0513 www.eyemedvisioncare.com
<u>Express Scripts.</u>	Customer Service: 1-800-875-3147 TTY: 1-800-759-1089 www.express-scripts.com
Centers for Medicare & Medicaid Services	Medicare Part D Customer Service: 1-800-MEDICARE
<u>Acclaris Reimbursement Center.</u>	Health Care Spending Account Dependent Care Spending Account Customer Service: 1-866-203-9358 Fax: 1-813-830-7900 www.acclarisonline.com
<u>Consumers Energy Guidance Resources Program.</u>	Guidance Resources Program Customer Service: 1-866-301-9553 Company ID: CMSGR www.guidanceresources.com
John Hancock	Long Term Care Provider Customer Service: 1-800-854-1489
CNA	Long Term Care Provider Customer Service: 1-877-318-8490

## 2. Benefit Center

Your Benefits Center is your best resource for questions about enrollment and for general benefits information. For example, they can help you:

- Enroll in your benefits
- Correct a dependent's information
- Report a life event (for example, marriage, divorce, new baby)
- Confirm your beneficiary designation

CMS Energy Benefit Service Center @ Fidelity	Contact Information
Continental United States	1-800-260-4015
Business Hours	Monday through Friday (excluding all New York Stock Exchange holidays, except Good Friday) between 8:30 a.m. and midnight, Eastern time.
Address	CMS Energy Benefit Service Center @ Fidelity P.O. Box 770003 Cincinnati, OH 45277-0071
International (call collect)	Dial your country's toll-free AT&T Direct® access number then enter 1-800-260-4015
TDD for the hearing impaired	1-888-343-0860
Technical Support	1-800-260-4015

## Save the Date!!

**We decided to have the Christmas luncheon on Wednesday, December 13.**



C.J. will check into having it at the Monroe Grill at 1060 S. Telegraph Road in Monroe. More details will be forthcoming. We will definitely have the basket raffle as a fundraiser for the Sunrise House in Monroe. This is a shelter for women and children who are victims of domestic abuse.

The next meeting will be Monday, December 4, 2017 at the Bedford Diner.

Respectfully submitted,  
Linda Homolka

FORERUNNERS Member Application

Date \_\_\_\_\_

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Spouse First Name \_\_\_\_\_ Spouse Retiree? \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone Number \_\_\_\_\_ Date Retired \_\_\_\_\_

Headquarters Retired From: J.R. Whiting

Forerunners Chapter \_\_\_\_\_ South Easterners \_\_\_\_\_

Email address \_\_\_\_\_

Alternate Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone Number \_\_\_\_\_

Alternate address: Winter \_\_\_\_ Summer \_\_\_\_

Forerunners Dues \$10/year plus any Chapter dues: Attached Yes \_\_\_\_ No \_\_\_\_

Note: We are always searching for more efficient and timely methods of communicating with our members. Electronic communications are very helpful in this regard. Your e-mail address may be used to send information of interest to retirees by the Forerunners, for example, notification that the Retireeline has been posted on the retirees' website, important issues concerning the company, etc. Your address, of course, will NOT be shared outside of the Forerunners office.

By giving us your e-mail address, you are agreeing to receive information from us via e-mail.

Please complete and mail to:

Consumers Energy Forerunners, 1945 Parnall Road P21-504, Jackson, MI 49201. If you have any questions, please call us at 517-788-1221.

